



KDA + ADAKC PRESENT

MEMORY^{moves}[®] DANCE + THERAPY

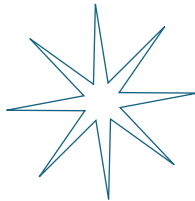
The Heart Never Forgets to Dance



MemoryMOVES[®] uses Dance/Movement Therapy as a mode of creative expression and empowerment to improve cognitive function and quality of life for clients experiencing Alzheimer's disease and memory loss. Celebrating the holiday spirit, the program will feature multicultural holiday themes with a final Nutcracker performance. Led by Dance/Movement Therapist, Elena Rezai, ADAKC clients and caregivers are invited to enroll in the program to experience the transformative power of Dance/Movement Therapy while learning techniques to apply to their own lives.

MemoryMOVES[®] DATES

December 8 - 12, 2025



MemoryMOVES[®] LOCATION

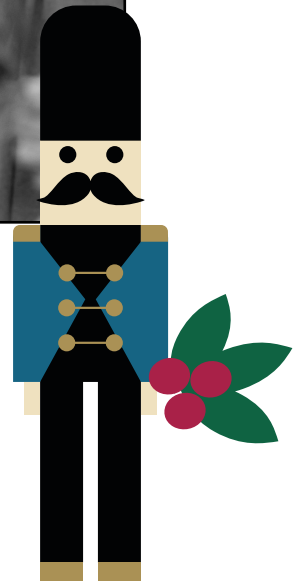
Alzheimer's Disease Association of Kern County, Inc.
4203 Buena Vista Rd.
Bakersfield, CA 93311

MemoryMOVES[®] Enrollment

Participants must be enrolled in the ADAKC Day Program to participate in *MemoryMOVES[®]*. For admission criteria contact ADAKC Family Services Department at 665-8871/**ADAKC.org**

For More Information

To learn more or to register, visit kerndance.org/MemoryMOVES
Questions? Email us at info@kerndance.org



KERN *Dance*
ALLIANCE

ADAKC
ALZHEIMER'S DISEASE ASSOCIATION
OF KERN COUNTY, INC.
LICENSE #157208254 | ADAKC.ORG
Rose Lazzarini Campus

Arts COUNCIL
OF KERN

Cynthia Lake
CHARITABLE TRUST