



KDA + ADAKC PRESENT

MEMORY^{moves}[®] DANCE + THERAPY

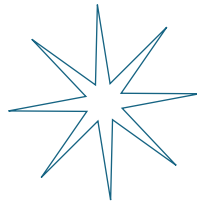
The Heart Never Forgets to Dance



MemoryMOVES[®] uses Dance/Movement Therapy as a mode of creative expression and empowerment to improve cognitive function and quality of life for clients experiencing Alzheimer's disease and memory loss. Celebrating the holiday spirit, the program will feature a Nutcracker theme and will also include opportunities for caregivers to experience the transformative power of Dance/Movement Therapy while learning techniques to apply to their own lives.

MemoryMOVES[®] DATES

December 11 - 15, 2023
10:00 - 11:00 am



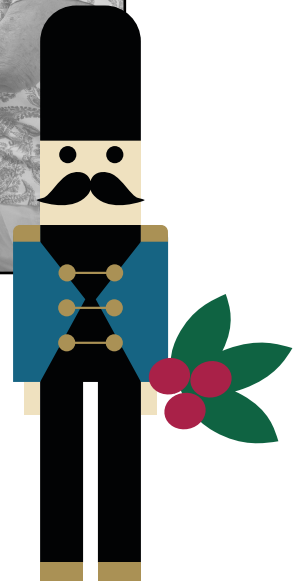
MemoryMOVES[®] LOCATION

Alzheimer's Disease Association of Kern County, Inc.
4203 Buena Vista Rd.
Bakersfield, CA 93311

TO ENROLL IN MemoryMOVES[®]

Participants must be enrolled in the ADAKC Day Program to participate in MemoryMOVES[®]. For admission criteria contact ADAKC Family Services Department at 665-8871/ADAKC.org

To learn more or to register, visit kerndance.org/MemoryMOVES
Questions? Email us at info@kerndance.org



KERN *Dance*
ALLIANCE

